

Psychosocial Center for Refugees

The offer is aimed at people with refugee experience aged **18 years** and over and their next of kin from München and Bayern.

Our services include psychological counselling and psychotherapy, crisis intervention, individual, couple, and family therapy.

Our work is goal-oriented, individually tailored to our clients' interests and resources, systemically oriented, and integrative.

We offer support for:

- Psychological burdens and mental distress
- Trauma-related issues
- Anxiety, depression
- Family issues
- Crises
- Providing information (e.g. how to get further assistance, social law counseling or therapy)
- Questions regarding stabilization and orientation

The offer is free, and if desired anonymously.

Contact and registration:

Anna Kolobanova

Russian, English, telephone office hours: Wednesday 16:00 – 17:00

Mobile: 01590 4684738

Bosnian, Croatian, Serbian, English, telephone office hours: Monday 11:00 – 12:00

Mobile: 0155 65577195

E-Mail: psych.migration@awo-muenchen.de

Location:

Psychosoziales Zentrum für Geflüchtete

Goethestr. 53, 80336 München

3rd floor, rooms 303, 305